

CEANY Region East Meeting

On a beautiful late spring day, June 2nd, Continuing Education Professionals from seven SUNY schools convened at SUNY Adirondack for CEANY's Region East Spring Meeting. Institutions represented included SUNY Adirondack Community College, SUNY Potsdam, SUNY Professional Development, Columbia-Greene Community College, SUNY Ulster, Mohawk Valley Community College and SUNY Polytechnic Institute.

The keynote speaker was Caelynn Pyro, Director of Continuing Education at SUNY Adirondack. Caelynn provided information about SUNY Adirondack's Adventure Sports facility.

SUNY Adirondack offers innovative team-building opportunities at their Queensbury campus Adventure Sports facility. Area organizations with participants of any age are invited to contact SUNY Adirondack to develop team-building exercises using the expertise of their Adventure Sports staff who will incorporate a variety of elements on their ropes course, zipline and other apparatus to meet their needs. The challenge course is designed for a "challenge by choice" team-building experience. Not every team member will want to climb ropes, but every team member has an important part to play; on the ropes and on the ground!

For the workplace, the program creates innovative and customized team-building activities at the workplace's facility. Team-building lays the groundwork to enable staff to work together more creatively and effectively. In the past, SUNY Adirondack has designed challenge courses for local area organizations such as: Great Escape Six Flags, Girl Scouts, Boy Scouts, local sports teams and the SUNY Plattsburgh freshmen experience program.

Adventure Sports also offers the R.A.I.S.E. youth program which focuses on social and emotional skill development for middle school students with a special emphasis on bullying prevention.

Sample High Elements

[Catwalk](#)

[Vertical Playpen](#)

[Flying Squirrel](#)

[Zipline](#)

Sample Low Elements

[TP Shuffle](#)

[Moby's Deck](#)

[Mohawk Walk](#)

[Giant's Finger](#)

Sample Portable Elements

The Muse

[Islands](#)

[All Aboard](#)

A-Frame

For additional information : <http://www.sunyacc.edu/academics/continuinged/adventuresports>

Attendees received professional development education/training from Marv Meissner, Director of Continuing and Professional Education at SUNY Polytechnic. Marv spoke to the subject of "Employing and Educating Millennials". Discussion began with understanding the differences of

millennial generation in relation to influencers, traits, values and their view of the workplace. The presentation then focused on strategy options including communication, providing feedback, education, training, development, motivation and engagement. Attendees provided many examples that reinforced the research presented and all agreed that millennials are different and organizations need to treat them differently if they are to retain them and maximize their performance.

There was ample opportunity for networking and sharing of Best Practices, what is working and what isn't, as well as soliciting assistance on specific topics.